

SPORTS DAY

SOUVENIR



St. Mary's Academy
Lalazar, Rawalpindi

SPORTS DAY

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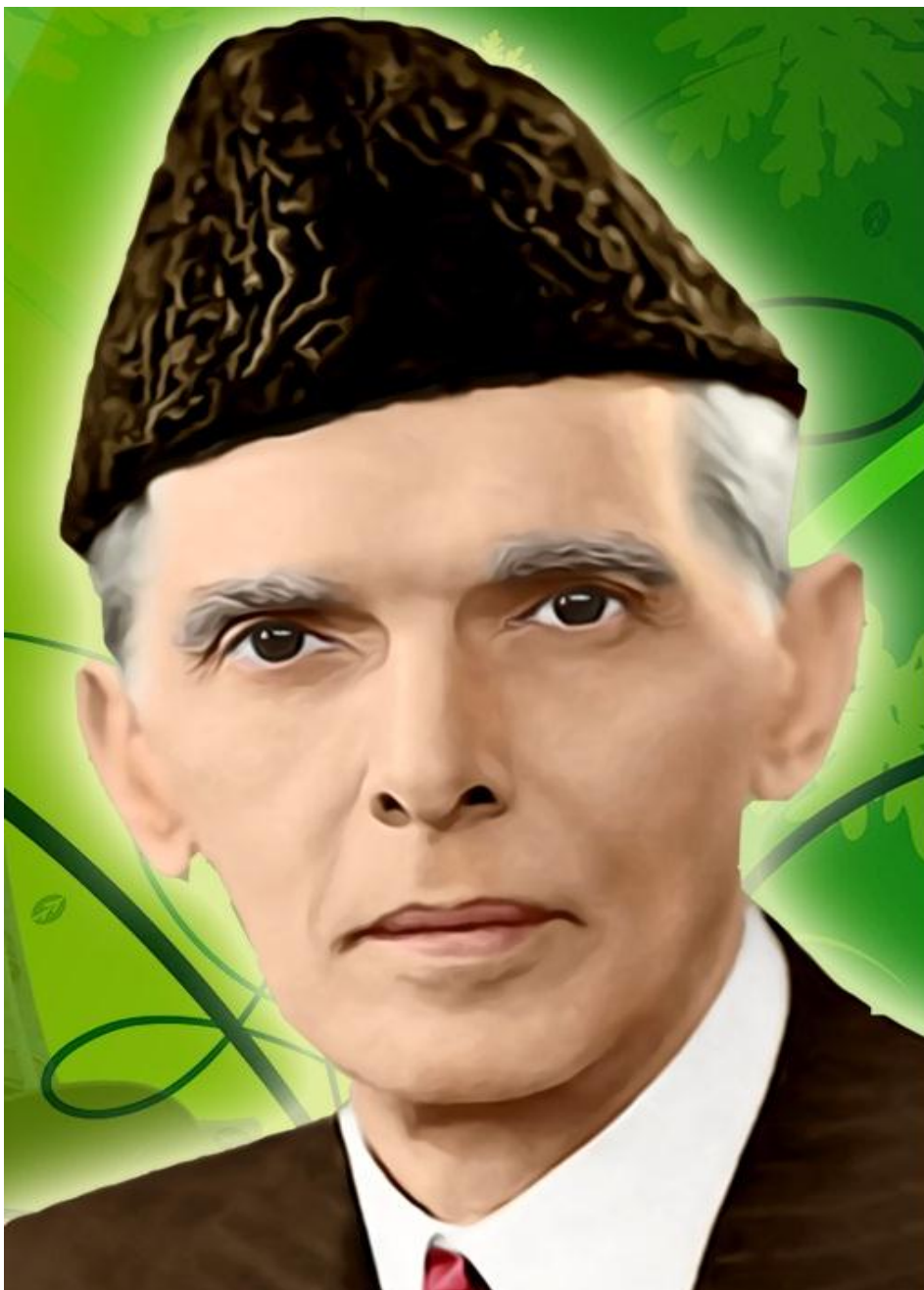
St. Mary's Academy
Lalazar, Rawalpindi

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IN THE NAME OF ALLAH
THE MERCIFUL THE COMPASSIONATE

FOUNDER OF THE NATION



Preface

Conducting sports and celebrating sports day has since long been a cherished tradition of Saint Mary's Academy and has also been a hall mark of its curricular and co-curricular activities. Unfortunately due to some unavoidable reasons this tradition was abandoned for some time but from 2012 we have again reverted to this tradition with full zeal and enthusiasm.

“A healthy body bears a healthy mind”

The significance of the above quotation can never be undermined. We earnestly wish our students to have a healthy body as well as a healthy mind and to achieve this end all the stakeholders namely the teachers, students and parents are responsible. SMA has produced some great minds and personalities that can never be forgotten. Two of our students, (i). Major Shabbir Sharif Nishan-e-Haider, (ii). Pilot Officer Rashid Minhas Nishan-e-Haider were decorated with Nishan-e-Haider the highest military award and many of our students received award of honour. Coming back to sports SMA has produced some great players of international fame like:

1. Javed Burki Cricket
2. Ijaz Butt Cricket
3. Hasan Musa Golf

We hope that this tradition will be carried on the years to come and we thank all the staff members and students who took active part in sports and organization of different events which have made sports day a brilliant success.

I also thank all the sponsors for helping us in different ways and I hope they will continue their support for the other healthy activity.

Rana Iftikhar Ahmed
Sports Organizer



REV. PATRICK BYRNE
(1918 – 1972)

FOUNDER PRINCIPAL

ST. MARY'S ACADEMY
Lalazar, Rawalpindi

With the increasing demand for a Boys' School in the Cantonment area, St. Mary's Academy began to fulfil the role in 1962, with the Senior Section accommodation classes from Standard Six to Matric and Senior Cambridge. The first small staff consisting of Mr. Qureshi, Mr. Siddique, Mr. Rogers and Mr. Rafiq Amin was headed by the Founder Principal, Father Byrne whose "dream" it was to eventually establish a real Academy, with several buildings on the campus, to cater for an all-embracing educational system which would begin in the Nursery and continue till 'A' Levels or Graduation, for its students.

In 1966, when a second building was completed, the Junior Section began to function with a new staff of Lady Teachers with May Flanagan as the Headmistress.

Ex-students will surely recall their association with some of their teachers who are still serving on the present Staff of St. Mary's Academy.....not forgetting "chacha" and Sarwar in the Canteen.

Since its inception, the Academy, whose aim it is to produce first-class, God-fearing Pakistanis and world citizens, has done just that. We note with pride, many outstanding performances of our students who have excelled in the academic and sporting fields.

Other St. Marians are playing important roles as doctors, engineers, lawyers, businessmen, defence personnel, banking executives.....you name the profession – there you will find a St. Marian!

After the sudden death of Father Byrne in 1972, the Principalship of the Academy has been held by Father Turner, Brother Remigius, Brother Martin, Brother Remigius once more and, presently, Brother Campion.

Ne Ardua Terrant

If we spend our lives, building walls rather than bridges, then we have no right to complain if we are lonely.

Speak when you are angry and you will make the best speech you will ever regret.

If ignorance is bliss, then he is going to have a very happy life.

The trouble with all self-made men, is that they adore their makers.



PATRAS BHATTI

PRESENT PRINCIPAL

ST. MARY'S ACADEMY
Lalazar, Rawalpindi

It is an immense pleasure and pride for me to send a message to all the St. Marians on this Mega Event.

St. Mary's is doing a commendable job in the field of education. It is heartening to note that this great Institution is nonetheless second to none.

This August institution attaches due importance towards sports activities. Sports no doubt bring healthy competition, unity, friendship and understanding among the house and team members.

I am delighted to convey my hearty congratulations to all those who have organized it and to all those who will encounter in a true sportsmanship spirit.

May God bless all the St. Marians.

PATRAS BHATTI



NAPOLEON GOMEZ

SPORTS COORDINATOR

ST. MARY'S ACADEMY
Lalazar, Rawalpindi

Mere mental education is of no use without physical education. Alone hard work and study can result into great monotony. Every student after the hard work needs a change, some recreation, and Sports are the best for this purpose. Sports help students maintain a sound health. In absence of a good health, it is hard to concentrate and study. Healthy mind can be found only in a healthy body.

Therefore, Sports and education should go hand-in-hand, complementing each other

NAPOLEON GOMEZ



MS. TESS FLANAGAN
(1961 - 1997)

ST. MARY'S ACADEMY
Lalazar, Rawalpindi

It is my pleasure, being as a pioneer staff member of St. Mary's academy Lalazar, to write this message. Sports are the essential part of the curriculum ever since the St. Mary's Academy in Lalazar, has been established. We have good playing fields and our staff members are very keen to organize games every week. We produced many players holding national colour like, Javed Burqi, Hasan Musa in golf and squash etc.

Due to unavoidable circumstances these activities were stopped to organize in traditional manner but now this year I am seeing a revival of old traditions. It is good to see students playing and competing with each other, wearing their house colours. I hope that the Principal and Staff will keep up the traditions & Parents will also play their role to keep the tradition alive.

I congratulate the Principal, the Sport staff, house masters and teachers of St. Mary's Academy for organizing such activities and also highly appreciate the efforts made by the parents.

May God Bless you all.

TESS FLANAGAN

HOUSES

BYRNE HOUSE



HOUSE MASTER
NAVEED AHMAD



ASSISTANT HOUSE
MASTER
HAYAT ABBASI

IQBAL HOUSE



HOUSE MASTER
SYED MUBASHIR
HASSAN



ASSISTANT HOUSE
MASTER
MUHAMMAD AWAIS

JINNAH HOUSE



HOUSE MASTER
ABDUL KARIM



ASSISTANT HOUSE MASTER
MUHAMMAD RIAZ

LIAQAT HOUSE



HOUSE MASTER
NAEEM AKBAR



ASSISTANT HOUSE MASTER
M. WAQAS GHOURI

HOUSE CAPTAIN



FARHAN JAVED



BILAL AHMAD

HEADBOY



DANIYAL MIR



UZAIR MIR



USMAN KHALID

PTI's



WASEEM ULLAH SHAH



M.KHALID WARRAICH



***NAPOLEON GOMEZ
SPORTS COORDINATOR***



MUHAMMAD ARSHAD



MUHAMMAD FAROOQ



ACHIEVEMENTS

A school is judged largely by its Old Boys and, in all humanity St. Mary's, in this respect, can hold its own with the best.

Shaheed – Nishan-e-Haider

Major Shabbir Shariff, N.H.

Pilot Officer Rashid Minhas, N.H.

Rhodes Scholars

Shahid Javed Burki	-	Economics
Munir Ahmed	-	Medicine
Shaukat Hamid	-	Nuclear Physics
Jehangir Masud	-	Economics

Outstanding Scholars

Imtiaz Aziz, F.Sc.	-	1st
Yaldram Masud, B.Sc.	-	1st
Jehangir Masud, B.Sc.	-	1st
Shaukat Hamid Khan, B.Sc.	-	1st
Zia Kalim, B.A.	-	Gold Medalist (English)
Ali Nawaz, B.A., LL.B.	-	Gold Medalist (Law)
Malik, B.A.	-	Gold Medalist (History)
Ali Nawaz, Engineering	-	1st
Munir ahmed, Medicine	-	1st
Khalid Mahmood Ibrahim Ph.D.	-	Nuclear Engineering
Shahid Yusaf, Ph.D.	-	Economics
Shuja Nawaz	-	First Pakistani Journalist World Bank
Naveed Akhtar Malik, Ph.D.	-	M.I.T

Internationals

Javed Burki	-	Cricket
Ijaz Butt	-	Cricket
Farooq Hamid	-	Cricket
Taimur Hasan	-	Golf
Hasan Musa	-	Golf – Squash Referee
I. A. Khan	-	Gold
I. V. Khan	-	Tennis
Podger Effendi	-	Polo
Hamid	-	Athletics



High Achievers for June 2011 examination series

<u>Name</u>	<u>Subjects</u>	<u>Award</u>
Raja Mobeen Ahmed	O-level Additional Mathematics	Top in the World
	O-level Physics	Top in Islamabad
	O-level Mathematics	Top in Islamabad
Hassan Javed	Mathematics A-Level	Top in Islamabad
Subhan Ghazi	O-level Bible Knowledge	Top in Islamabad

High Achievers for June 2012 examination series

<u>Name</u>	<u>Subjects</u>	<u>Award</u>
Salar Ather	O-level Computer Studies	Top in the World
Raja Mobeen Ahmed	Best Across Three Cambridge International AS Levels	Joint first place in Islamabad
	Mathematics A-Level	Top in Islamabad
Saad Noor	O-level Additional Mathematics	Top in Islamabad
Syed Ahmed Imran Majeed	Best Across Four Cambridge International AS Levels	Joint third place in Islamabad

RHODES SCHOLARSHIP

Ali Farid	-	2005
Mustafa Naseem	-	2010

A successful Man:

Recognize your limitations, estimate your capacities and your success in life is assured.

- **Allama Iqbal**

Education commences at the mother's knee and every word spoken within the hearsay of little children tends towards the formation of character.

- **Hosea Ballou**

Training is everything. The peach was once a bitter almond: cauliflower is nothing but cabbage with a college education.

- **Mark Twain**

You pray in your distress and in your need: would that you might pray also in the fullness of your joy and in your days of abundance.

- **Khalil Gibran**

A teacher who is attempting to teach without inspiring the pupil with a desire to learn is hammering on cold iron.

- **Horace Mann**

Human Endeavour

*It is for man
To intend well and act sincerely.
But the fruits and prized are all with Him
And He knows best*

- ***Raja Ikram Azam***

Faith

*Somewhere, in the shadows of my soul
A small light gleams
A pin- point of radiance
In the dark of the day
Beyond the arch of despair
a brightness
a song
some presence
is there.....*

- ***M. Conroy***

Believing is a fine thing, but placing those beliefs into execution is a test of strength.

- ***Khalil Gibran***

I would not exchange the laughter of my heart for the fortunes of the multitudes.

- ***Khalil Gibran***

Everything made by past generations, was before its appearance, a thought in the mind or an impulse in the heart.

- ***Khalil Gibran***

Happiness Cake

- 1 cup of good thoughts
- 1 cup of kind deeds
- 1 cup of consideration for others
- 2 cups of sacrifice
- 2 cups of well-beaten faults
- 3 cups of forgiveness.

Mix thoroughly. Add tears of joy, sorrow and sympathy. Flavour with love and kindly service. Fold in 4 cups of prayer and faith. Blend well.

Fold into daily life. Bake well with the warmth of human kindness and serve with a smile, anytime. It will satisfy the hunger of staved souls.

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لتوظیف القوى العاملة فیضاوراء البحار  
ترخیص رقم: ایم بی دی ۱۶۷۵/راولپندی

ویزے اسلام آباد کے ہوں یا کراچی کے وکالہ یا اوراق مذکورہ بالا مکتب اور لائسنس پر بنوائیں

سیکند فلوور ۶۲/۵۳ شیخ سونی بلازہ بینک روڈ صدر راولپندی، الباکستان