# CLASS 10M

# ENGLISH

### **CLASS 10 MATRIC**

Name:	Section:
Subject: English	
WEEK:1	
WORK SH	HEET 1 (DAY:1 )
Hazrat Muhammad (P.B.U.H) an	Embodiment of Justice
1. Read chapter # 1 and write dow	n the meanings of the following phrases:
guilty of,	
belong to,	
exchange for,	
in accordance with,	
appeal to,	
near and dear	
<ol><li>Recall the text again and answe</li></ol>	r the following Questions:
1. How did the Prophet (P.B.U.H) re	esolve the issue?
2. Why did Quraish think that the P	rophet (P.B.U.H) would favour them?
3. Why did non_Muslims trust the	Prophet (P.B.U.H)?
4. What advice did the Holy Prophe	et( P.B.U.H) give to Hazrat Ali (R.A )?

#### **CLASS 10 MATRIC**

### WORK SHEET 2 (DAY:2)

- 1. Read and learn the theme of unit 1 from P.T.B.10 P: 5
- Write down three quotations on topic "Holy Prophet(P.B.U.H) as a fair judge".
- 3. Write down meanings of the following words:

model, piety, eternal, earned, sermon, revenge, commandment, upheld, destitute, proclaimed, transcends

#### WORK SHEET 3 (DAY: 3)

#### UNIT 1

- 1. Choose the appropriate synonym of the following words:
- i. equitable
- a. fair b. just. c. equal
- ii. ancestor
- a. antecedent b. forefather c. predecessor
- iii. foe
- a. relative b. enemy c. friend

### **CLASS 10 MATRIC**

iv. firm					
a. expensive	b. powerful	c. persistent			
v. glorious					
a. lustrous	b. splendid	c. fabulous			
2. Choose the c	orrect option.				
1 .In paragraph given.	1 de	tails of the Holy Prophet S.A.W.W. are			
a. general	b. specific	c. chronological			
2. The key idea of the paragraph 2 is that					
a. Holy Prophet (S.A.W) was a great orator					
b. Holy Prophet (S.A.W) was a just head of the state					
c. Holy Prophet	(S.A.W) was just a	and fair even before his Prophethood			
3. Examples give	en in paragraph 3	and 4 show that:			
a. Holy Prophet	(S.A.W) was a jus	st head of the state			
b. Holy Prophet	( S.A.W) was a sin	nple man			
c. Holy Prophet	(S.A.W) was fair i	n his dealings			

#### WORK SHEET 4 ( DAY:4 )

- 1. Answers these questions. (Unit 1)
- i. How can people achieve perfection in moral, spiritual and social areas of life?
- ii. How did the Holy Prophet (S.A.W) set high and noble ideas for all mankind?
- iii. How were people of Makkah convinced of the Holy Prophet (S.A.W) 's justice even before his Prophethood?

#### 2. Grammar

Write down the definition of Concrete Noun and Abstract Noun along 3 examples each.

- Identify the underlined words as concrete or abstract noun.
- i. She puts in much effort into her studies as she wants to score good marks
- ii. Keep the balls in that basket.
- iii. He did not take good <u>care</u> of his pet.
- iv. The dishonest trader is losing the trust of his customers.
- v. They recommended him for his justice and trustfulness.

#### **CLASS 10 MATRIC**

#### WORK SHEET 5 (DAY:5)

- 1. Answer these questions.
- i. What standards of justice did the Holy Prophet (S.A.W) practice as head of the state of Madina?
- ii. What made non muslims bring their suits to the Holy Prophet (S.A.W)?
- iii. How does the Quran describe the personality of the Holy Prophet (S.A.W)?
  - Learn the following Punch Quotes.

"We have only sent you as a mercy to the worlds "(Surah Al-Anbiya, Verse 107)

The Quran: "God doth command you to render back your trusts to those to whom they are due; and when ye judge between man and man, that ye judge with justice." (9)

#### GRAMMAR

#### NOUN PHRASE

A Noun phrase is a group of words that works the work of a noun.

EX. As a young trader, he earned the good reputation of being an honest, fair and just business man.

- 2. Write down five sentences and identity the noun phrases as well.
- 3. Write down the definition of Past indefinite and Past continuous tenses along three examples each.
- 3. Fill in the blanks using past indefinite or past continuous tense.

i. What	(you/do) when I (call) you la	st night.
ii. I (sit) in	the café when you (calle	d) me.
iii. When you	(arrive) at the bus station, who	(be) there?
	(watch) a film when she	( hear) the
noise. v. We	(play) tennis when Javeed	(hurt) his ankle

### WEEK: 2

# WORK SHEET 6 (DAY:1)

Chinese New Year
1. Read unit 2 and write down meanings of the given words:
gatherings
customary,
thoroughly
commonplace
partake
traits
reinvigorate
2. Answer the following questions:
i. Why is Chinese New Year never on the same day each year?
ii. What is Chinese belief about cleaning houses before new year day?
iii. Why does this dinner consist of eight or nine dishes?
iv. Is Chinese belief about people having character traits of animals a fact or an opinion?

#### **CLASS 10 MATRIC**

#### WORK SHEET 7 (DAY:2)

- 1. Answer the questions of EX.B given on page 20.
- 2. Read and learn the theme of unit 2 given on page 18.
- 3. Form a noun from the given words and use the nouns in sentences.

celebrate gather symbolic prosper

encourage

decorate

Learn the following Punch Quote:

"Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the world."

#### **WORK SHEET 8 (DAY:3)**

- Revise the definition of Collective Nouns and Modal verbs and do the exercise A given on page 21, Ex. B and C on P. 22.
- 2. Punctuation

Punctuate the paragraph given on page 22 Ex. D

#### **CLASS 10 MATRIC**

#### **WORK SHEET 9 (DAY:4)**

- 1. Learn the following topics.
  - Courtesy
  - A Visit to a Hill Station
- 2. Write down a comprehensive essay on the topic given by adding two relevant quotations. (200-250 words)
  - Importance of Dictionary

#### Direct Indirect Speech

#### CHART: Change in Tenses and Modal verbs

Present Indefinite (Do / Does)	Past Indefinite (Did)	
Present Continuous (is ,Am, Are)	Past Continuous (Was/were)	
Present Perfect (Has, Have)	Past Perfect (Had)	
Present Perfect Cont. (Has been, Have been)	Past Perfect Cont. (Had been)	]
Past Indefinite (Did)	Past Perfect (Had)	
Past Continuous (Was/Were)	Past Perfect Cont. (Had been)	]
Past Perfect (Had)	No Change	
Past Perfect Cont. (Had been)	No Change	
Future Tense (Will)	Conditional (would)	

MODAL VERBS Shall should

Must Had to

May Might

Can Could

## WORK SHEET 10 (DAY:5)

#### 1. Learn the following topics:

- # Health
- A True Muslim
- Write down an essay on the topic "Street Crimes" with at least two relevant quotations. (200\_250 words)
- 3. Use the following phrasal verbs in sentences.

Abide by Ashamed of

Absent from Assured of

Accused of Aware of

Act upon Begging for

Agree with Believe in

Angry at Belong to

Angry with Arrive at

Appear before

# CLASS 10IM

# MATHS

### **CLASS 10 MATRIC**

Name	2:	Section:
Subjec	ct: Maths	
1st W	VEEK	
		Ex. 1.1
Q2.	Solve by factor ization (Mid	term break)
	First write the question in th	e standard form
	Standard form is	$ax^2 + bx + c = 0$
2nd W	VEEK	
		Ex 1.2
Q1.	Solve by using quadratic for	mula.
	PART (i) TO (vi)	
	QUADRATIC FORMULA	
		$X = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$
	First write the question in t	he standard form
	Standard form is $ax^2 +$	bx+c=0

# CLASS 10IVI

URDU

#### **CLASS 10 MATRIC**

		<u> </u>	<b>.</b>			
Name	•			Section:		
Subjec	ct: Urdu					
			WEEK-1			
				ف:شاہداحد دہلوی)	رامحر سعید_مصا	(نصاب:سبق:مرز
- 4	ىرىمشتمل جوابات تحرير <u>سيج</u>	کے تنین ہے جا رسطروں	ئے درج ذیل سوا لات	م کابغو رمطالعہ کرتے ہو_	سبق اورنظ	:Day one
ے بڑا مشغلہ کیا تھا؟	مرزامحر سعید کا سب نے	ر تبه گزر <u>یک</u> چے - ۲ -	نه الآرا كتاب كاما م اورم	مرزامحر سعيد كامعركه	_1	
ر آرا <u>کچے</u> ۔	خا كەنگارى كى تعريف	_ ^	ا <u>یکی</u> ے۔	مرزامحد سعيدكا حليه بيان	_٣	
	ئے(حوالہ صفحہ نمبر ۱۲)	. کا ذکرا پے الفاظ میں <u>ک</u> یج	للے میں سرسید کی خد مات	تعليم كفروغ كيسليه		
		نے 100)	ريه يجيج (قواعد وانثاصف	نام ای کوساجھ'' کہانی تح	"جس کا	Day .2
				انثأ صفح نمبر 79 رمضمون		Day.3
	-	تشمتل مضمون تحرير سيجيح		•		
ابتدائى تعليم	_Y	بحي <sub>ي</sub> ن حي <sub>ي</sub> ن	اثارات ا_	علامه محمدا قبال	عنوان	
ا قبال کی شاعری	_ h^	تضور بإكتان	_٣			
		وفات	۵			
	لەفعلىدى تقطيع سىجيے _	لے ہے جملہاسمیداور جم	یے مبتدااور خبر کے حوا	اورجمله فعليه كي تعريف لك	جملهاسميه	Day
		ب خوش ہے	ئق ہے سو صہیہ	رہے۔ ۲۔سارہ لا	ا_علی بہاد	
	مايا_	۲۔شعیب نے کھانا کھ	نے خیرا <b>ت</b> دی_	نے خطالکھا ۵۔فریجہ۔	۴-حید	

5. Day کی سبق' مرزامحد سعید' اور مصنف' شاہدا حمد دہلوی'' کے تعارف کا بغور مطالعہ کیجیے اور کم از کم MCQ,S 25 تلاش کر کے تحریر کیجیے

(سبق کی مثق میں دیے گیے MCQ's تحریر نہ کیجیے )

#### **CLASS 10 MATRIC**

#### WEEK-2

نو سے: اردو کے کام کے لیمکن ہوتو answer sheet کا استعال کیجیے۔ نیلا مارکراور نیلابال پوائٹ یا پوائٹر کا استعال کیجیے۔ صفحے کے دونوں جانب حاشیہ لگائے ۔خوشحطی کا خاص خیال رکھئے ۔

(نصاب:حمد ـ شاعر: حفيظ جالندهري) (صفح نبر 1 6 1 ا

Day one: شاعر کاتعارف اورنظم کابغورمطالعہ کرتے ہوئے درج ذیل سوالات کے تین سے جا رسطروں پرمشمل جوابات تحریر کیجیے۔

ا۔ حفیظ جالندھری کے حالات زندگی تحریر سیجیے۔ ۲۔ حفیظ جالندھری کی اہم تصانیف لکھئیے۔

۳۔ اللہ تعالی نے یہ کائنات کون ساایک لفظ کہہ کر بنائی ہے؟ ۳۔ اجالے اندھیرے اور خشک اور ترسم کے مظاہر ہیں؟

۵۔ حمیں خالق کی کن مخلوقات کا ذکر کیا گیا ہے؟

2. Day فاکے کی مدرے 'نیونچوڑ''کہانی تحریر کیجیے (قواعدوانٹا صفحہ 107)

Day.3 سوال نمبرا ـ الفاظ سے مصرع مكمل سيجي ـ صفح نمبر 3

سوال نمبر ٧٧ - كالم ملايخ - صفي نمبر 4

سوال نمبر۵ \_الفاظ کے متضاد کھئے \_ ( لغت سے تلاش کرکے ) صفح نمبر 4

سوال نمبر ٢ - الفاظ كم معنى لكھنيے - لغت سے تلاش كيجيے -

سوال نمبر المحد كمطابق الفاظ كورتيب و كرمصر عي بنائي-

سوال نمبر ۹ حد کے ہرشعر میں ہم آواز الفاظ موجود ہیں۔ان کی نشائد هی کیجے۔ صفح نمبر 5

سوال نمبر١٠ الفاظ راعراب لكائي الغت سي تلاش كيجيد

Day 4 تعریف تحریر کیجے نظم نزل ۔ صفح نبر 5

نظم اورغزل كافرق ( دو كالم بناكر موازنه كيني) صفح نبر 6

5. Day شاعر کاتعارف اورنظم کابغور مطالعہ کرتے ہوئے کم از کم MCQ, S 20 تلاش کرکے تحریر کیجیے

(سبق کی مشق میں دیے گیے MCQ's تحریر نہ کیجے)

# CLASS 10IVI

# PAKISTAN

STUDIES

#### **CLASS 10 MATRIC**

Name:	Section:

Subject: Pakistan Studies

## **WORKSHEET WEEK I**

**Note:** Read Chap # 5, learn and rewrite the following short questions

CHAPTER 5

**HISTORY OF PAKISTAN II** 

#### **SHORT QUESTIONS**

#### 1. Write two duties of the Union council.

The duties of a Union council include:

- To provide security within its boundary
- Making the annual development program
- Imposing taxes at local level
- Solving the criminal, civil and family disputes

#### 2. Why was the Washington Declaration made?

There was a clash between Pakistan and India in Cargill in May 1999. On the advice of American President, Bill Clinton, the PM Pakistan Nawaz Sharif visited America and signed a ceasefire communiqué. It was known Washington Declaration.

# 3. Why did the President Ghulam Ishaq Khan dismiss the Benazir Bhutto government?

President Ghulam Ishaq Khan using the powers under section 58-2-B of the 1973 Constitution dismissed the government Benazir Bhutto on 6<sup>th</sup> August 1990 on the charge of corruption.

#### **CLASS 10 MATRIC**

#### 4. Write two measures taken for women in the Musharraf government.

For the first time, in history of Pakistan Pervez Musharraf govt took measures for women:

- Shamshad Akhtar, the first female become the Governor of State bank
   Of Pakistan
- Women were appointed as fighter pilots in PAF
- They were given small loans without guarantee
- To contest on general seats despite having reserved seats

# 5. Under which law did America discontinue the supply of defense armament to Pakistan?

Under PRESSLER LAW America discontinue the supply of defense armament to Pakistan.

#### 6. What is meant by Lahore declaration?

The India PM Atal Bihari Vajpayee visited Lahore by bus with a message of good will. The PM Pakistan gave him a warmed welcomed at Wagha Border. A joint communiqué was signed which was known as "Lahore Declaration".

#### 7. Why the 1973 constitution is called the federal constitution?

Like the previous constitutions Pakistan has been declared as federal state under the 1973 constitution. The federation of Pakistan consists of four provinces, Federal capital and FATA (Federally Administered tribal areas).

# 8. What was the limit of the agricultural land which PM Zulfiqar Ali Bhutto fixed for the individual holding?

PM Zulfiqar Ali Bhutto fixed the following limits of agricultural land for the individual holding:

• 150 acres land irrigated by canals

#### **CLASS 10 MATRIC**

• 300 acres land irrigated by natural rain

#### 9. Under which amounts were the HBL and UBL privatized?

HBL and UBL were sold in December 2004 for Rupees:

- Habib Bank was sold for Rs. 22 billion only
- United Bank was sold for Rs. 13 billion only

#### 10. In which election was graduation made conditional for the candidates?

Election was held in October 2002. General Pervez Musharraf took the oath of the President for the next five years.

For the same time it was made mandatory for a candidate to be a graduate.

\*\*\*\*\*\*\*\*\*\*\*\*

#### **CLASS 10 MATRIC**

## **WORKSHEET WEEK II**

Note: Read Chap # 6, learn and rewrite the following short questions

#### <u>CHAPTER 6</u> <u>FOREIGN RELATIONS OF PAKISTAN</u>

#### **SHORT QUESTIONS**

#### 1. Describe the location of Pakistan.

Pakistan is located in the south of Asia. It covers an area of 796,096 square kilometers. Pakistan became an independent state in 1947. Pakistan shares land borders with 4 countries:

- <u>Iran</u> lies in the south west of Pakistan. The length of Pak-Iran border is 800 km long.
- <u>India</u> is in the east of Pakistan and share a border of 1600km.
- <u>China</u> is in the north of Pakistan. Pakistan shares 592km log border with China.
- Afghanistan: there is Afghanistan in the North West of Pakistan. Pak-Afghan border is called Durand line and it is 2250 km long.
- Arabian Sea is located in the south of Pakistan.

#### **Quick facts**

Population 190,291,129 (2014)

Density 246.9 / km2 ( 639.3 / mi2 )

Languages English, Urdu

#### **CLASS 10 MATRIC**

Independence Year 1947

Capital <u>Islamabad</u> (Islamabad)

Currency Pakistan Rupee

GDP per Capita 1,298 (2014 data)

Land Area 770,875 km2 (297,636 mi2)

Water Area 25,220 km2 (9,737 mi2)

Neighbouring Countries <u>Iran, India, China, Afghanistan</u>

Longitude 60.880- 77.840

Latitude 23.690- 37.090

#### 2. What is meant by Durand Line?

- A boarder line between Pakistan and Afghanistan
- It was demarcated by Sir Hennery Durand in 1893
- It is 2250 km long

#### 3. What are the responsibilities of the Economic and Social Council?

The responsibilities of the Economic and Social Council are:

- Raising the standard of living of people
- Trying for social and economic development
- Collaboration in the educational, scientific, and cultural fields
- Taking measures to eradicate unemployment, poverty, and diseases

#### **CLASS 10 MATRIC**

#### 4. Write three responsibilities of UN General Assembly.

The responsibilities of UN General Assembly are as under:

- Electing the non-permanent members of the Security Council
- Giving membership to new states
- Terminating the members of some states
- Approving the budget of the UN
- Taking measure to establish world peace

#### 5. When was the boarder settlement made between Iran and Pakistan?

The boundary with <u>Iran</u>, was first demarcated by a British commission in 1893 (the same year as the Durand Line was demarcated), separating Iran from British India's <u>Baluchistan</u> province. Modern Iran has a province named <u>Sistan via Baluchistan</u> that borders Pakistan. In 1957 Pakistan signed a frontier agreement with Iran in <u>Rawalpindi</u> according to which the border was officially declared and the two countries haven't had this border as a subject of serious dispute at all.

#### 6. By which two countries the Indus Water Treaty signed?

- The Indus Waters Treaty was signed in September, 1960 after nine years of negotiations between India and Pakistan with the help of the World Bank, which is also a signatory.
- It has seen as one of the most successful international treaties.
- According to this treaty three eastern rivers (Sutlej, Beas and Ravi)
  came under the possession of India whereas Pakistan got the
  exclusive control of three western rivers i.e. Chenab, Jhelum and
  Indus.

# 7. When did the relation between Pakistan and Peoples Republic of China begin?

When China was declared a Republic in 1949, Pakistan immediately recognized it.

#### **CLASS 10 MATRIC**

Pak- China friendly relations started in 1954-55.

China has always proved itself to be a dependable friend in war and peace.

#### 8. Write the names of ten members of the organization of the OIC.

The ten member states of the organization of the OIC are:

UAE

Saudi Arabia

Pakistan

• Sudan

- Iran
- Turkey
- Afghanistan
- Jordan
- Iraq
- Indonesia

#### 9. When was the Kashmir issue presented in UN?

Pakistan attacked Kashmir in October 1947 and the war began immediately. After a couple of months fighting in the brutally cold mountains, Nehru finally called up the UN in January 1948. He had a fairly strong case there. The UN then took 8 months and then brought a resolution in August 1948.

#### 10. When and where did the world trade center tragedy take place?

The world trade center tragedy took place on 15 years ago on 11 September, 2001in New York (USA). In this tragedy about 3000 people were dead and the injuries were more than 6000.

#### 11. Write the introduction of Bhutan in three lines.

Bhutan is a mountainous country. Most of its people live in valleys. Its capital is Thimphu, which is situated on the bank of River Thimphu. Its official language is Dzongkhag. Bhutan is also a member country of SAARC.

#### 12. What is meant by foreign policy?

#### **CLASS 10 MATRIC**

By foreign policy we mean:

"The policy of a sovereign state in its interaction with other sovereign states."

- Foreign policy states how a country will act with respect to other countries politically, socially, economically, and militarily.
- Foreign policy can also be known as <u>international relations</u> policy or simply diplomacy. Foreign policy is handled by foreign ministers and ambassadors.

#### 13. Write any four points of Pakistan's foreign policy.

- Important points of Pakistan's foreign policy are asunder:
- security of its border
- Freedom and sovereignty
- To protect the ideological of Pakistan
- To develop relations with Islamic states

#### 14. Write the names of SAARC countries.

The member countries of SAARC are:

- a. Pakistan d. Sri Lanka g. Bhutan
- b. India e. Nepal h. Afghanistan
- c. Bangladesh f. Maldives

#### 15. What is SAARC? Who gave its idea and when was its established?

- "SAARC" (South Asian Association for Cooperation) is an organization for regional cooperation of the South Asian Countries.
- The idea for its formation was presented by the Ex. Prime Minister of Bangladesh, Mr. Zia-Ur Rahman in 1980.
- This organization was established in 1985.

#### 16. Write the objectives of SAARC.

Following are the objectives of SAARC:

• To strength self-reliance between the South Asian Countries

#### **CLASS 10 MATRIC**

To encourage active collaboration among the member countries in economic

#### 17. What is Geneva Pact?

In 1998, to resolve the Afghan issue, an agreement was signed which was named the Geneva Pact. In addition to Pakistan and Afghanistan, America and Russia also signed it. According to this Pact, Russia decided to withdraw its forces within nine months.

#### 18. What were the objectives of UN?

The objectives of UN are:

- Establishing international peace
- Economic and social cooperation
- Provision of justice
- Resolving human problems

#### 19. Name the organs of UN organization.

The organs of UN organization are:

- General assembly
- Security Council
- Trusteeship Council
- Economic and Social Council
- International Court of Justice
- Secretariat

#### 20. What is mean by Veto power?

The decisions of Security Council are made after the consent of at least 9 members out of 15, but it is necessary that these 9 members should include 5 permanent members. If a permanent gives a negative opinion, then the decision cannot be made.

# CLASS 10IM

# ISLAMIYAT

### **CLASS 10 MATRIC**

Name:				Section	n:	
Subject: Isla	amiyat	<del>.</del>				
گائنیں)۔	) كانشان أ	ہےدرست پر(	بات میں	) کے دیۓ ہوئے چار مکنہ جوا	معروضی سوالات ( ہرسوال	
				-	اے نی ایک و استار ہے۔ اے نی ایک و ا	_1
مراء	(,)	منافقین ہے	(3)	(ب) کافروں ہے	(۱) الله تعالی ہے	
				نہیں بنائے۔	الله تعالی نے کسی آ دی کے دا	-2
ينج	(ر) پا	<b>چا</b> ر	(3)	(ب) تين	<b>99</b> (1)	
				ہے پہلے نبی کا ذکر ہے۔	میثاق والیآیت میں سب س	_3
نفرت موتن	(,)	حضرت ابراجيم	(3)	(ب) حضرت نوخ	(۱) حضرت محمد في	
					الله تعالی نے ان پرجیجی۔	_4
وشنى	(,)	لعنت	(3)		199 (1)	
				_	کہنے لگے ہارے پیچھے کھلے	_5
خ	i ()	محمر	(3)	•	(۱) محلے	
		*			طہارت کے لغوی معنی ہیں۔	_6
وشبورگا نا	; (,)	عنسل كرنا	(5)		(۱) پاک ہونا	
				• •	اگرجسم اور لباس پاک ہوتو نما	_7
مگروہ ہے	(,)	واجب	(3)	(ب) متحب		
					یتے ہارے بارے میں کر <u>ت</u> میں	-8
لصه	(,)	ا چی بالیں	(5)	(ب) گتاخانهاتیں		
			<i>(-)</i>		جیسے کسی کوخشی آرہی ہو۔	-9
وفءے	(,)	ۇرى	(3)	(ب) کمزوری		
. 0	, ,	منساس.	(2)		اگرجهم پاک نه ہوتو وضو کے۔	_10
يم كرنا	(5)	س کرنا	(6)	(ب) عبادت كرنا	(۱) خوسبولکانا	

#### **CLASS 10 MATRIC**

درج ذیل سوالات کے مختصر جوابات تحریر کریں۔

- 1۔ ظہار کے کہتے ہیں۔
- 2۔ متبنی کے کہتے ہیں۔
- 3- انبیاء کرام سے پختہ عہد کیوں لیا گیا؟
- 4۔ آیت میثاق میں نبی کر بم اللہ کا ذکرسب سے پہلے کیوں کیا گیاہے؟
  - 5۔ کفار کے شکراوریہودنے کیا حال چلی؟
  - 6۔ خوف اور دہشت ہے مسلمانوں کا کیا حال تھا؟
    - 7۔ مومنین کی آ زمائش کس طرح کی گئی۔
    - 8\_ منافقین کس طرح مسلمانوں کا کیا حال تھا؟
  - 9۔ جہاد میں رکاوٹ ڈالنے والے کون لوگ تھ؟
    - 10\_ منافقين كى بخيلى كياتهي؟

احادیث نمبر 13,12,11 نیک کاپول پرتحریرکریں تفصیلی جوابات تحریر کریں۔

- 1 قرآن وحدیث کی روشنی میں طہارت پرایک مختصرنوٹ کھیے۔
  - 2۔ وضو کا طریقہ بیان سیجئے۔
  - 3۔ عنسل کرنے کامسنون طریقہ کیا ہے؟

نوٹ:۔ پہتام کام سکول کی نبیٹ کا بی پرتحر مرکزیں۔

# CLASS 10M

# ETHICS

### **CLASS 10 MATRIC**

Name:			Se	ection:
Subject	Subject: Ethics			<sup>)</sup> orkşheet No: 1-
Circle the corr	ect opt	tion i.e. A/B/C/D. Each pa	art carries one m	ark.
(i)	Man	has need	ds along with phy	ysical needs
	A.	Psychological	В.	Moral
	c.	Emotional	D.	Intellectual
(ii)		decides, wh	at is right and wr	ong?
	A.	Individual	В.	Society
	C.	Conscience	D.	Brain
(iii)	Relig	ious teachings are based	on fear of	
	A.	God	В.	Law
	c.	State	D.	Society
(iv)	Relig	ions of the world are of _		kinds.
	A.	Two	В.	Three
	c.	Four	D.	Five
(v)		did not com	ment about God	
	A.	Buddha	В	Jesus
	c.	Aristotle		
(vi)	Acco	rding to Hinduism the wo	orld is.	
	A.	Examination Hall	В	3. Home of pain
	C.	Prison	С	). Place for preparation of coming life

### **CLASS 10 MATRIC**

(VII)	A lett	er whi	which does not belong to you should be.					
	A.	For	warded to releva	ant branch	after re	eading	В.	Don't read
	c.	Ren	nain on the table	e			D.	Sent back to applicant
(viii)	In the	last y	ears of his age I	mam Ghaza	ali was	hermi	ted in	
	A.	Dar	nascus		В.	Mal	kkah	
	C.	Tau	IS		D.	Bag	hdad	
(ix)	Econo	my is	based on.					
	A.	Сар	italism		В.	Hur	ter	
	C.	Har	d Working		D.	Inte	lligence	
(x)	Nighting	gale pa	articipated with I	her fe	llow nu	ırses iı	n the war o	f Karemiya.
		A.	18		ı	В.	28	
		C.	38		ı	D.	48	

#### **CLASS 10 MATRIC**

Answer the following questions in 3 to 4 lines

What is the role of religion in character building?
(ii) What is the basic right of every human being?
What is the concept of Avagon ?
What is the central idea of Jainism?
Name any 3 Hindu gods?
What is Vedanta?

#### **CLASS 10 MATRIC**

(vii)When and where Ghazali was born?	
(viii)Why Florence did not get Marry?	
(ix)Why the etiquettes are important?	
(x)Who was father and grandfather of Imam Ghazali?	
(xi)What did the leader of robbers ask from Ghazali?	
(xii) What are important topics in the books of Ghazali?	

Answer these questions in detail.

- 1- Explain the services of Florence Nightingale related to nursing.
- 2- How the believers of Buddhism worship?.
- 3-Write a note on the Existence and Greatness of God.
- 4-Worship places of all religions are equally respectable. Explain your answer.

# CLASS 10IVI

# CHEMISTRY

#### **CLASS 10 MATRIC**

<i>Name:</i>	
Subject: Chemistry	

#### Week - 1

#### **CHEMICAL EQUILIBRIUM**

#### 9.1. REVERSIBLE REACTIONS AND DYNAMIC EQUILIBRIUM

- Q.1. Answer the following questions? (Day-1)
- 1. What are irreversible (complete) reactions?
- 2. Give a few characteristics of irreversible reactions?
- 3. Define Reversible reaction and give examples?
- 4. What is the importance of equilibrium reaction in the chemical industry?
- 5. How is equilibrium established between liquid and vapours in a closed container?
- 6. Differentiate between forward and reverse reactions.
- 7. What happens when  $SO_2$  and  $O_2$  gases are mixed in a sealed container?
- 8. Define Chemical Equilibrium?
- 9. Why chemical Equilibrium is a dynamic equilibrium?
- Q.2. Prepare 10 MCQ's from the above mentioned topic? (Day-2)

# 9.2. <u>LAW OF MASS ACTION AND DERIVATION OF THE EXPRESSION FOR THE EQUILIBRIUM CONSTANT.</u>

#### Q.1. Answer the following questions? (Day-3)

- 1. Who presented the law of mass action?
- 2. Define law of mass action?
- 3. What is active mass?
- 4. Define equilibrium constant?
- 5. State conditions for equilibrium?
- 6. Describe the ways to recognize equilibrium?
- Q.2. Prepare 10 MCQ's from the above mentioned topic? (Day-4)

#### 9.3. Equilibrium Constant and its units

No question

#### **CLASS 10 MATRIC**

#### 9.4. <u>Importance of Equilibrium Constant</u>

- Q.1. Answer the following questions? (Day-5)
- 1. State uses of equilibrium constant?
- 2. How can the equilibrium concentration of equilibrium mixture be determined with the help of equilibrium constant?
- 3. How can direction of chemical reaction be predicted with the help of equilibrium constant?
- 4. Explain the formation of fizzy drinks.
- Q.2. Prepare 10 MCQ's from the above mentioned topic? (Day-6)

#### **CLASS 10 MATRIC**

#### <u>Week - 2</u>

#### **ACIDS BASES AND SALTS**

#### 10.1. CONCEPTS OF ACIDS AND BASES

#### Q.1. Answer the following questions? (Day-1)

- 1. Name the types in which compounds can be classified?
- 2. What does the word 'acid' mean?
- 3. Highlight some characteristic properties of acids and bases?
- 4. Write down some characteristic properties of acids and bases?
- 5. Write the uses of some common acids?
- 6. Write the uses of some common bases?
- 7. What are amphoteric substances? Explain with example
- 8. Classify water as proton donor or proton acceptor?

#### Q.2. Prepare 10 MCQ's from the above mentioned topic? (Day-2)

#### 10.2. SELF-IONIZATION OF WATER - The pH SCALE

#### Q.1. Answer the following questions? (Day-3)

- 1. Define self-ionization of water?
- 2. Write an Explanatory note on pH scale?
- 3. Define pH?
- 4. What do you mean by pH scale?
- 5. Briefly explain the measurement of pH?
- 6. Write the use of pH paper or universal indicator.
- 7. Write the use of litmus paper.
- 8. Write the use of acid base indictor?
- 9. At what pH phenolphthalein changes its colour?
- 10. At what pH bromothymol blue changes colour from yellow to blue?
- 11. Write names of three acid base indicators.
- 12. What is the colour of methyl red in solution of:
  - a. pH = 4
  - b. pH = 9
- 13. Enlist pH ranges of some common indicators?

#### Q.2. Prepare 10 MCQ's from the above mentioned topic? (Day-4)

### **CLASS 10 MATRIC**

#### 10.3. Salts

- 1. What do you know about salts?
- 2. Briefly explain neutralization?
- 3. List the Examples of basic salts?
- 4. List the Examples of normal salts?
- 5. Which is a salt HCl or NaCl?
- 6. Which acid forms NaNO<sub>3</sub>?
- 7. Which acid forms CaSO<sub>4</sub>?
- 8. Write the names of some Common acids and their salts?
- 9. Explain with some examples how some acids form more than one salt?
- 10. Which salt is acid salt, NaHCO<sub>3</sub> or Na<sub>2</sub>CO<sub>3</sub>?
- 11. Which salt is normal salt, NaCl, NaHCO<sub>3</sub> or Na<sub>2</sub>CO<sub>3</sub>?
- 12. How phosphoric acid forms three series of salt?
- Q.2. Prepare 10 MCQ's from the above mentioned topic? (Day-6)

## ST. MARY'S ACADEMY CLASS 10 MATRIC

# CLASS 10M

## BIOLOGY

### **CLASS 10 MATRIC**

Name:	Section:
·	

Subject: Biology

#### **INSTRUCTIONS:**

- > READ THE TOPIC /PAGES MENTIONED THOROUGHLY
- > READ THE SIDE BOX
- > CONCENTRATE THE TERMINOLOGY GIVEN BOLD IN THE TEXT
- > OBSERVE THE FIGURE/DIAGRAME RELATED TO THE TOPIC
- > FOR EACH WORK SHEET TIME LIMIT IS 40 MINUTE

## **CLASS 10 MATRIC**

#### BIOLOGYB-X Work Sheet-1 (chapter # 10 page#2, 3)

-----type of reactions are responsible for energy production in cells.

<u>Instructions</u>: read the page # 2 and 3 and then try to answer the following.

Multiple choice questions:

i)

a)	Hydrolysis b) reduction c) oxidation d) b & c.	
ii)	The aquatic plants get the oxygen form	
a)	$O_2$ of $H_2O$ b) $O_2$ of dissolve in $H_2O$ c) $O_2$ of air d) all	
iii)	Breathing isprocess.	
a) :	Mechanical b) biochemical c) a&b d) none of these	
iv)	Gaseous exchange in plants occur through	
a)	Stomata b) lenticels c) cuticle of young plant d) all	
v)	Gaseous exchange occur atlevel.	
a)	One b) two c) three d) four	
Short a	nswer:	
i)	Differentiate between	
	a) Stomata	_
	lenticels	•
	b) breathing	
	cellular respiration	
ii)	Explain the term cellular respiration	
iii)	Describe the fate of oxygen and carbon dioxide during cellular respiration.	
iv)	Describe Gaseous exchange in a)woody stem & mature root	
10)		
	b) aquatic plants	
v)	Describe the behavior of stomata:a) during day time	
	b)night time	

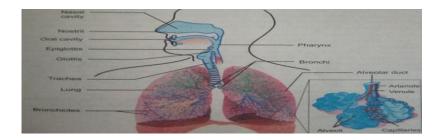
## ST. MARY'S ACADEMY CLASS 10 MATRIC

#### BIOLOGY-X Work Sheet-2 (chapter # 10 page#4,5,6)

Instructions: read the page # 4, 5 and 6 also observe the diagram and then try to answer the following

instru	ictions: read the page # 4, 5 and 6 also observe the diagram and then try to answer the following.
Multi	ple choice questions:
i)	Pulmonary vein containblood.
a	·
ii	
a	
ii	
a	) Pharynx b) epiglottis c) trachea d) none of these
i٧	r) The bronchi are present at
а	) Above chest cavity b) below chest cavity c) in the chest cavity
V	) Trachea and bronchi lined with
а	) Ciliated cells b) glandular cells c) ciliated and glandular cells
Short	answer:
i)	
ii	) How wind pipe / trachea adapted to filter the inhaled air?
	· · · · · · · · · · · · · · · · · · ·
П	i) Write a note on voice box
	y) <b>Define</b> : a)bronchiole
	) Diaphragm
D	) Diapinagni
b	) alveoli
· ·	
v)Des	cribe the structure of lungs

### **CLASS 10 MATRIC**

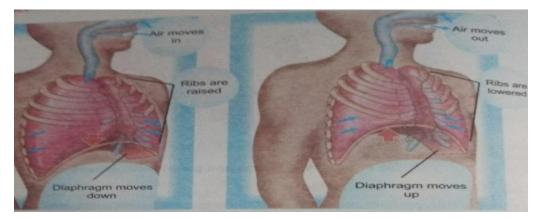


#### BIOLOGY-X Work Sheet-3 (chapter # 10 page# 7, 8)

<u>Instructions</u>: read the page # 7, 8, observe the diagram and then answer the following.

#### Multiple choice questions:

- i) The partial pressure of oxygen is -----in blood as compared to environment.
- a) High b) low c) equal d) very high
- ii) The concentration of -----stimulate the respiratory center in brain (medulla) .
- a) Oxygen b) carbon dioxide c) carbon monoxide d) a & b.
- iii) Human breathe -----times per minute in normal/resting conditions.
  - a) 10-15 b) 15-20 c) 20-25 25—30
- iv) During inspiration ------muscles below rib cage contract.
- a) Intercostal b) diaphragm c) smooth muscle d) b& c.
- v) The breathing movements are -----to large extent.
- a) Voluntary b) involuntary c) controlled d) none of these



#### **Short answers:**

i)Define :a) inhalation		
b)	Exhalation	
ii) Descri	be the changes take place during breathing ,as shown in figure above	

## **CLASS 10 MATRIC**

III) What percentage of oxygen, nitrogen and water vapours present in inhaled and exhaled air  iv) How inhalation differ from exhalation?	
Multiple choice questions:	
i)can cause bronchitis.	
a) Virus b) bacteria c) tar d) all	
ii) Mild wheezing, fever, chills, and short of breath are symptoms of	
a) Lung Cancer b) emphysema c) asthma d) bronchitis	
iii) Bronchodilators are usually used in	
a) Lung Cancer b) emphysema c) asthma d) all of these	
iv) The surface area of lungs reduced greatly in	
a) Pneumonia b) emphysema c) lung cancer d) asthma	
v)are symptoms of pneumonia.	
a) High fever b) shivering c) sputum production d) all	
Short answers:	
I) Figure below shows the comparison between normal and emphysematic alveoli. Describe how emphysematic alveoli affect the individual's life processes.	

e 10.9: The Alveoli; normal (left) and emphysema (right)

ii) write a note on asthma	
iii) Give ca	auses and symptoms of pneumonia
iv) define	: bronchitis
Chronic b	ronchitis
	BIOLOGY-X Work Sheet-5(chapter # 10 page#14, 15)
<u>Instruct</u>	ions: read the page # 14, 15 and then try to answer the following.
Multiple	e choice questions:
i) a) ii) a) iv) a) Short ar i)	World NO Tobacco Day observed on
ii)	Give causes and symptoms of lung cancer
iii)	Describe bad effects of smoking on human health and his social life
iv)	Give symptoms ,causes of the following respiratory disorder shown in figure 10.11 & 10.10 below:

## **CLASS 10 MATRIC**

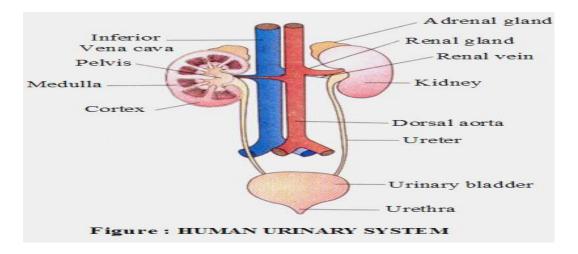
br	Normal alveoli  Normal alveoli  Allergen  Alveoli filled with pus  are 10.11: Asthma
	BIOLOGY-X Work Sheet-1 (chapter # 11 page#18-21)
Instruct	tions: read the page # 18-21 and then try to answer the following.
Multipl	e choice questions:
i)	The maintenance of internal conditions of the body at equilibrium, is
a)	Thermoregulation b) osmoregulation c) homeostasis
ii)	If thermoregulation lost in living organism it can cause
a)	Sweating b) vomiting c) loss of enzyme action d) death
iii)	Carbon dioxide remove from
a)	Stomata b) young stem c) root hair d) all
iv)	Carnivorous plants secrete
a)	Resin b) gum c) latex d) mucilage
v) a)	Juicy fluid present in
·	
Sho	ort answers:
i)	Differentiate: guttation
	&
	Transpiration
::1	Describe three process (ways of homoestasis?
ii)	Describe three process/ways of homeostasis?

iii)

How homeostasis important to living organism.--

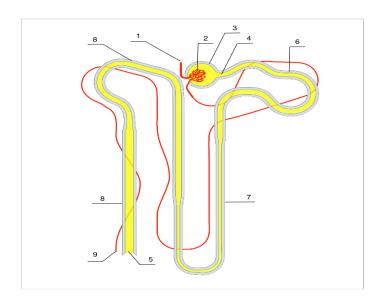
	name some metabolic waste /excretory products in plants
iv)	Define and describe adaptations of: xerophytes
	and halophytes
v)	How hydrophytes differ from halophytes
	BIOLOGY-X Work Sheet-2 (chapter # 11 page#21-25)
i)	<u>Instructions</u> : Read the page #21-25 and then try to answer the following. Multiple choice questions:wastes are also removed by sweating.
ii)	a) Urea b) uric acid c) water d) all Urine store temporarily in
a) iii) a)	Ureter b) urethra c) urinary bladder d) kidney  Nerves enter the kidney through Renal cortex b) renal medulla c) hilus d) renal pelvis
iv) a)	form the base of the ureter. Renal pyramid b) nephron c) renal pelvis d) urinary bladder
v) a)	the capillary of the glomerulus arise fromAfferent arteriole b) efferent arteriole c) renal artery d) renal vein.
Short a	Name and give function of the main organs which work for homeostasis
,	
ii)	Trace and describe the urinary system of human

### **CLASS 10 MATRIC**



Describe the morphology and internal structure(anatomy) of human kidney
Describe the function of kidney or how kidney filter the blood(urine formation

v) Define and describe the structure of nephron .Also label the figure shown below:



## **CLASS 10 MATRIC**

vi)	Define osmoregulation .Also describe how kidney play role in osmoregulation
vii)	Label the different parts/structure of human urinary system :
	BIOLOGY-X Work Sheet-3 (chapter # 11 page#26-29)
nstructions	Read the page #26-29 and then try to answer the following.
Multiple cho	ice questions:
) During sun	nmer which function usually kidney has to do?
ı) Less filtrat	ion b) increased reabsorption c) a & b d) less reabsorption
i) Excess uri	c acid in blood can cause
a) Kidı	ney failure b) kidney stone c) heart failure d) hypertension
ii) Pain in lo of	wer abdomen, vomiting, frequent urination and foul smelling urine with blood and pus are symptoms -
a) Kid	ney failure b) kidney stone c) diabetes d) hypertension
v)i	nvented the surgical removal of stone from urinary bladder.
a) Abu	al Qasim al zahrawi b) abu nasr al farabi c) ibn al Haytham d) ali ibn issa
) Diabetes r	nellitus, hypertension and drug overdose can lead to
) Angina	b) kidney failure c) diarrhoea d) constipation

vi) ------ type of dialysis that can be done at home but must be done every day.

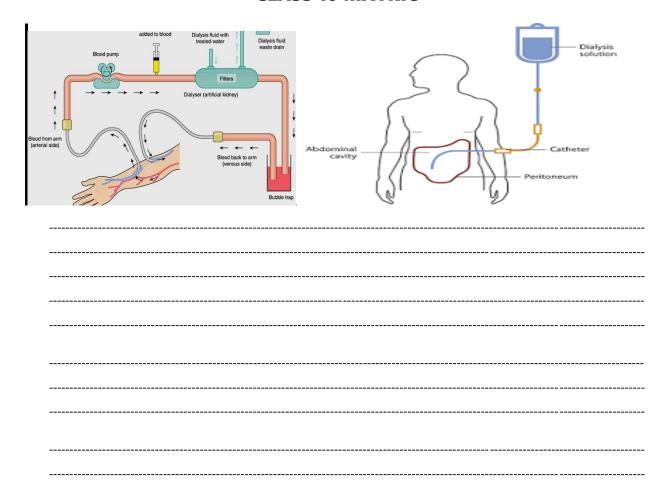
## **CLASS 10 MATRIC**

a) Peritoneal dialysis b) hemodialysis c) a & b

a)      f Short ans	Rejection reaction b) infection & bone problem c) ulcers d) all wers:
i)	How kidney stone form. Also give its causes, symptoms and treatment
ii)	Write a note on kidney failure
iii)	Define : dialyzer
111)	
	Glomerular filtrate
	Succulent organs
iv)	Why kidney transplantation considered as a sensitive issue

 $\boldsymbol{v}\,$  )With the help of figure shown below differentiate hemodialysis and peritoneal dialysis.

### **CLASS 10 MATRIC**



#### BIOLOGY-X Work Sheet-1 (chapter # 12 page#33-36)

**Instructions**: Read the page #33-36 and then try to answer the following.

a) Dendrites b) axon c) myelin sheath d) all

#### Multiple choice questions:

i) Chemical coordination is present in ----a) Unicellular b) multicellular c) a&b d) colonial organization only A coordinated action has----- components. ii) a) 3 b) 5 c) 1 d) 4 A nerve impulse is ----iii) a) Electromagnetic wave b) electrochemical wave c) magnetic wave d) a&b Nucleus and most of the cytoplasm is present in -----iv) a) Dendrites b) axon c) cell body d) neuroglial cell Non myelinated neuron lack----v)

## **CLASS 10 MATRIC**

#### **Short answers:**

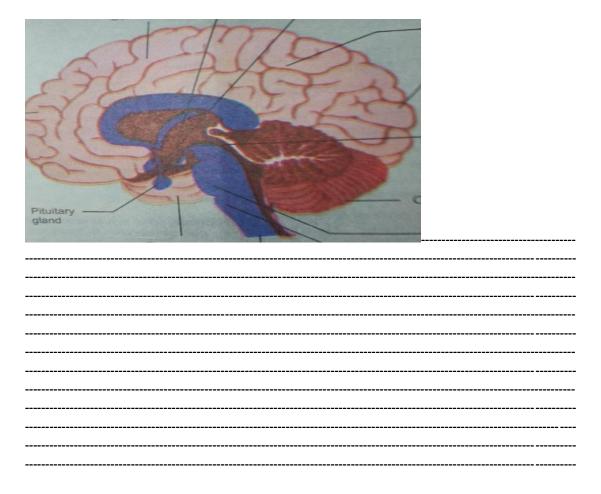
i)	Diff	rerentiate :a) nervous coordination					
	Che	Chemical coordination					
	b)	Receptor	_				
		Effector					
ii)	Nai	me and define three type nerve cell shown in the figure below:	·				
3		Dendrites Nucleus Myelin sheath Nodes of Ranvier Schwann cells					
iii)	Def	ine : sensory nerve	 				
		tor nervenixed nerve					
iv)	lab	ntify the type of neuron or nerve cell shown in the figure below and describe its structure. Also el its different structure.  me					
		ucture					

## **CLASS 10 MATRIC**

	Work Sheet-2 (chapter # 12 page#37-41)  s: Read the page #37-41 and then try to answer the following.
Multiple cl	noice questions:
i)	Brain is made ofneurons which have many dendrites and axon.
ii)	a) Sensory b) motor c) interneuron d) all Fluid within ventricle and central canal is
iii)	a) CSF b) plasma c) water d) CSL  If a person can remember previous event but cannot remember new one as memory, then itspart is damaged.
iv)	a) Cerebrum b) hippocampus c) medulla oblongata d) all Growth hormone releasing factor which control the release of growth hormone from pituitary gland is released from
v)	a) Cerebrum b) cerebellum c) pons d) hypothalamus  The white matter of nervous system consist
vil	a) Non-myelinated axon b) myelinated axon c) myelinated axon &cell body d) all
vi)	Fight and flight response are controlled by nervous system.  a) Sympathetic b) para sympathetic c) somatic d) all
Short answ	vers:
i)	Give function of : thalamus
	& Hypothalamus

Differentiate between white and grey matter of brain and spinal cord
Name and give function of lobes of cerebrum
Differentiate sympathetic and parasympathetic nervous system
Give function of a) pons
b)mid brain
Define and differentiate reflex action and reflex arc ,with the help of figure shown below:  Receptors (of temperature and pain)  Nerve impulse  Notor neuron  Motor neuron  Effectors (Muscles of arm)
Sensory neuron  Receptors (of temperature and pain)  Nerve impulse Inter neuron  Motor neuron  Response  Response  Response  Response  Response  Response  Response
Sensory neuron  Receptors (of temperature and pain)  Nerve impulse  Inter neuron  Motor neuron  Response  Response  Motor neuron  Response  Respon

## **CLASS 10 MATRIC**



#### BIOLOGY-X Work Sheet-3 (chapter # 12 page#41-45)

**Instructions**: Read the page #41-45 and then try to answer the following.

#### Multiple choice questions:

•	•					
i)	There are abo	utmillio	on rods in h	uman eye.		
	a) 11.5 b):	12.5 c)10.5 d	13.5			
ii)	dip ir	n the retina opp	osite to lens	s, packed wit	n cone cells.	
	a) Blind spot	t b) optic disc c	) fovea d) a	all		
iii)	The pathway f	followed by ner	e impulse f	for reflex acti	on called	
	a) Dorsal ro	ute b) ventral ro	ute c) reflex	x arc d) refle	x action.	
iv)	There are no r	ods and cone				
	a)Blind spot	b) optic disc	c) fovea	d) all		
v) A person	with convex le	ns in his glasses	can see clea	arly		
-\ \	l.:	\		-) - O I-	-1\ - 11	
a) Near obje	cts b	) distant objects		c) a&b	d) all	

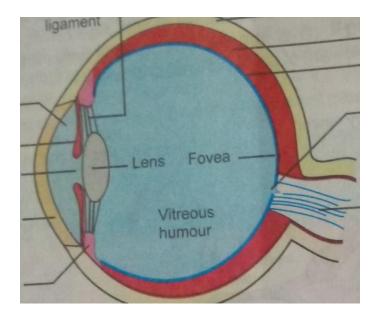
**Short answers:** 

## **CLASS 10 MATRIC**

d)pupil				
ii) Describe how	size of pupil is	changed in a) d	im light and b) bright	t light.
	Radial muscles (contracted)  — Circular muscles (relaxed)	Radial muscles – (relaxed)  Circular muscles – (contracted)		
When light intensity decreases		POSSECUT SE ENCE PRESENTANT PROSECUTION	When light intensity increases	
iii) differentiate	::a) aqueous a	nd vitreous hum	 our	
b)rhodopsin an	d iodopsin			

v) Name and describe function of different parts of human eye.

## **CLASS 10 MATRIC**



- BIOLOGY-X Work Sheet-4 (chapter # 12 page#45-47)

<u>Instructions</u>: Read the page #45-47 and then try to answer the following.

Multiple choice questions:

Auditory canal ends in -----

## **CLASS 10 MATRIC**

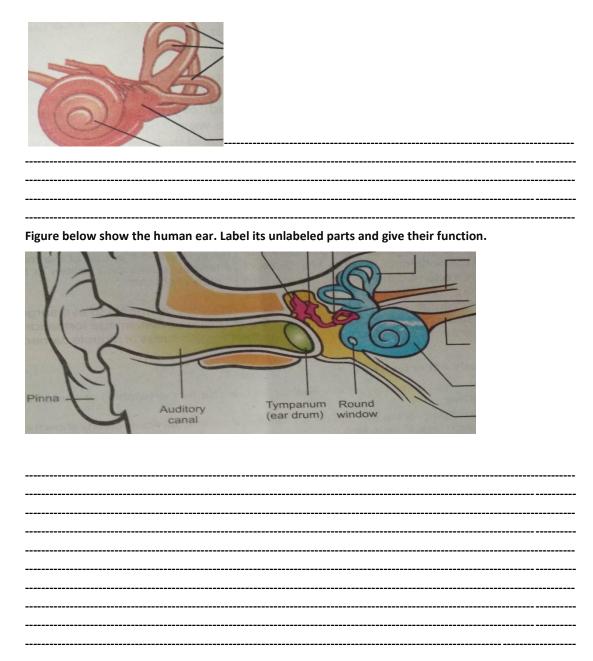
a) Pinna b) cochlea c) ear drum d) stapes

ii)	Apart from hearing what other major body function is performed by the ear?					
	a) Hormone secretion b) reduction in nerve pressure c)Body balance d) all of these					
iii)	made several improvement to the eye surgery.					
	a) Bu ali sina b) umar al jahiz c) ibn al Haytham d) ali ibn Isa					
iv)	is present in the center of inner ear.					
	a) Oval window b) vestibule c) malleus d) cochlea					
v)	regulate the air pressure on either side of the ear drum.					
,	a) Oval window b) Eustachian tube c) malleus d) cochlea					
Short answe	ers:					
i)	Define : a) pinna					
'/						
	b)Ear drum					
	&					
	c)Oval window					
	cjovai window					
	ii) How ear help in maintaining the balance of the body					
ii)	Trace out the process of hearing					
",						
iii)	How nerve impulse generated inside the ear					

iv) Identify the structure of inner ear and give function, also label its parts.

## **CLASS 10 MATRIC**

v)



## **CLASS 10 MATRIC**

#### BIOLOGY-X Work Sheet-5 (chapter # 12 page#47-52)

Instructions	s: Read the page #47-52 and then try to answer the following.						
Multiple ch	oice questions:						
i)	Insulin and glucagon are produced in the						
	a) Hypothalamus b) Anterior pituitary c) liver d) Pancreas						
ii)	All of these are hormones except						
	a) Insulin b) Thyroxin c) Glucagon d) Pepsinogen						
iii)	Other name of vasopressin is						
	a) Antidiuretic hormone b) growth hormone c) Antinatrium hormone d) all						
iv)	Increased heartbeat ,shivering ,frequent sweating ,more energy production are due to						
	a) Hypothyroidism b) hyperthyroidism c) goiter d) all						
v)	Anticonvulsant drugs are used in						
	a) Cancer b) epilepsy c) paralysis d) all of these						
Short answe	ers:						
i)	Define : a) exocrine gland						
	h)andacrina gland						
	b)endocrine gland						
	ii) give location and function of :a) pituitary gland						
	b)thyroid gland						
	.iii) Differentiate: a) negative feedback						
	and						
	positive feed back						

Endocrine glands in hu	man hody shown in th	ne figure helow. Giv	e their role they pla	v in life
	man body snown in th	ie ligure below. Giv	ve their role they pla	y III III e
processes.				
X"	Thyroid gland	Parathyroid		
4	-	glands (in the post		
The Management of the Control of the		of the thyro		
Pituitary gland				
60				
1		Adrenal glands		
Pancr	eas	- 9100003 1907		
1 1	-	gasoy Ob to the		
0 0	Ovaries (only in females)	1		
Testas		3		
(only in males)				

## **CLASS 10 MATRIC**

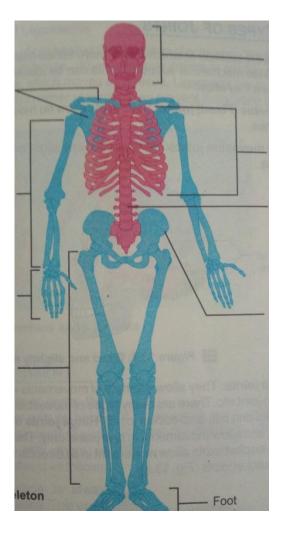
#### BIOLOGY-X Work Sheet-5 (chapter # 12 page#57-60)

84		
Multi	ple choice questions	
i)	is the function of the skeleton.	
	a) Support b) movement c) protection d)all	
ii)	Intervertebral disc made up of	
iii)	a) Hyaline cartilage b) fibrous cartilage c) elastic cartilage d) a&bis the hardest connective tissue.	
1117	a) Cartilage b) bone c) muscles d) blood	
iv)	Adult skeleton has hard bones.	
•	a) 203 b) 206 c) 209 d) 212	
v)	Blood vessel do not enter	
	a) Compact bone b) spongy bone c) cartilage d) all	
ort ans	wers:	
i)	Differentiate a) movement	
	Locomotion	
	L) thether could be	
	b) Hyaline cartilage	
	Fibrous cartilage	
ii)	Label and define the types of bone shown in the figure:	
,		
Descril	be human skeleton under the following headings:	

### **CLASS 10 MATRIC**

٠,	Axial skeleton
٠,	Axial Skeletoli-

c) Label the component of human skeleton shown in figure below you have describe in (a) and (b).



#### BIOLOGY-X Work Sheet-5 (chapter # 12 page#62-65)

<u>Instructions</u>: Read the page #62-65 and then try to answer the following.

#### Multiple choice questions

- - a) Tendon b) ligament c) origin d) insertion

iv)	The decrease in density of bones due to loss of calcium and phosphorus is called	-
	a) Arthritis b) osteoporosis c) gout d) rheumatoid	
v)	Old age ,malnutrition and deficiency of estrogen contribute to	
	a) Gout b) rheumatoid arthritis c) osteoporosis d) all	
	If a person take protein rich diet daily after some days he likely to have	
	a) Osteoarthritis b) rheumatoid c) gout d) a&b	
short answ	vers:	
i)	Differentiate : a) Osteoarthritis	
	b)rheumatoid arthritis	
	Ligament	
ii)	Explain the contraction and relaxation of skeletal muscle ,shown in figure below:	
",	Explain the contraction and relaxation of skeletal muscle, shown in figure below.	
riceps elaxed)	Biceps (relaxed)  Triceps (contracted)  Flexion	

## ST. MARY'S ACADEMY CLASS 10 MATRIC

# CLASS 10IVI

# PHYSICS

Name: Section:		
ubject: Physics		
Work sheet no 1 Chapter no: 10		
S.H.M and Waves		
Learn and rewrite the formulas		
Time period of mass attached to a spring, $T=2 \pi \sqrt{m/k}$ Time period of simple pendulum, $T=2 \pi \sqrt{l/g}$ . Relation between time period and frequency. $T=1/f$ or $f=1/T$ Velocity of a wave $v=f \lambda$ or $v=d/t$		
Do the following numerical problems. 10.1 to 10.5 using the above formulas.		
Work sheet no 2		
Using the above formulas do the numerical problems. 10.6 to 10.10		
Work sheet no 3		
Fill in the blanks (MCQs are solved in the form of fill in the blanks.)  1. ———————————————————————————————————		

#### **CLASS 10 MATRIC**

#### Work sheet no 4

Learn the answer of the following questions. Rewrite the answers.

QUICK QUIZ (pg-8): Q: Do mechanical waves pass through vacuum? Explain.

Ans: No, mechanical waves cannot travel through vacuum or space because they need medium for propagation. For example, the sound of the explosions taking place on the Sun cannot be heard on Earth.

FOR YOUR INFORMATION (pg-9) Q: Compare the speed of longitudinal and transverse waves.

Ans: Speed of longitudinal wave is more than the speed of transverse waves. Speed of transverse waves in solids is less than half the speed of longitudinal waves.

QUICK QUIZ (pg-13) Q: What do the dark and bright fringes on the screen of ripple tank represent?

Ans: Dark fringes represents trough, destructive interference and behave like concave lens.

Bright fringe represents crest, constructive interference and behave like convex lens.

ACTIVITY (pg-14) Q: What happens to the direction of the waves pass from deep to shallow part of the water?

#### Ans:

1) It changes its direction and speed.

Q 2: Are the magnitude of the angle of incidence and angle of reflection equal?

Ans: No, magnitude of angle i does not equal to angle r.

Q 3: Which will be greater?

Ans: Angle is more than in deep water and less in shallow that is angle incidence is more than angle r.

#### **CLASS 10 MATRIC**

Work sheet no 5

CONCEPTUAL QUESTIONS (page no 17)

	•	" 0
and the state of t		
Learn and rewrite the answers:		
Ecarri and rewrite the answers.		

( C no 10.1) If the length......

ANS) L= 21

 $T=2\pi (\sqrt{I/g})$ 

Putting I = 2I

 $T' = 2\pi (\sqrt{2I/g})$ 

 $T' = \sqrt{2} \cdot 2\pi (\sqrt{I/g})$ 

 $T' = \sqrt{2} T$ 

OR

T' = 1.4T

(C.no 10.2) A ball is.....

ANS) No, when a ball is dropped from a certain height it does not have S.H.M, as it does not satisfy the properties of S.H.M, constant force of gravity acts on it a is not directly proportional to x.

(C. no 10.3) A student performed-----

ANS) As the time period of simple pendulum is  $(T = 2\pi \sqrt{I/g})$ 

T  $\alpha \sqrt{L}$ . It does not depend on mass so there is no affect on time period by using bobs of different masses.

(C . no 10.4) What types of waves----

ANS) electromagnetic waves are the waves which do not require medium for their proportion. e.g. (radio, micro, ultra violet, x rays etc.)

(C.no 10.5) Speed of a wave is......

ANS) V=fλ. f is constant

 $V \alpha \lambda$  Wavelength is more in deep water and less in shallow water so does the speed. Speed of a wave is more in deep water as compare to shallow or less deep water.

#### **CLASS 10 MATRIC**

#### Work sheet no 6

Learn the topics: Waves and its types

Answer the following questions.

- Define wave motion.
- 2 Write down the different categories of waves.
- 3 What are the different types of mechanical waves?

#### Work sheet no 7

Learn the topic: Damped oscillation and ripple tank

Answer the following question

- 1 How damping progressively reduces the amplitude of oscillation?
- 2. Explain the structure of the ripple tank.
- 3. What is a vibrator? What is the function of ripple tank?

#### Work sheet no 8

Learn the formulas of chapter no 11

- 1 Intensity of sound level dB=10 log I / I<sub>o</sub> (value of lo= 10 <sup>-12</sup> w/m <sup>2</sup>)
- Speed of a sound d = v.t or v= d/t
- Speed of sound by reflection or echo method = 2d=v. t or v=2d /t
   Using the above formula solve the numerical problems of chapter no 11

## ST. MARY'S ACADEMY CLASS 10 MATRIC

# CLASS 10M

# COMPUTER

Name:	ame:		Section:	
Subject: Computer				
Week -1				
Q: Encircle the correct op	ition.			
I . which of the following structures repeats one or more operations?				
A . Sequence	b. Selection	c. Loop	d. Decision	
ii. Which symbol is used f	or processing in a flow	wchart?		
A . Rectangle	b. parallelogram	c. Diamond	d. oval	
iiiis a step by step written procedure to solve a problem.				
A . Flowchart	b. Candid solution	c. Analysis	d. Algorithm	
iv. Which structure allows a choice among various options while solving a problem.				
A . Repetition	b. Selection	c. Sequence	d. Decision	
v. Which symbol is used for	or start/stop of a flov	vchart.		
A . oval	b. rectangle	c. circle	d. line	
Q: Write short answers of the following questions.				
I . Define Computer.				
Ans:				

li . What is defining the problem?	
Ans:	
	<del></del> .
iii. what is candid solution of a problem?	
Ans:	
	<del></del> .
iv. Define Algorithm.	
Ans:	
	··.
v. Define flow chart and write its importance.	
Ans:	

vi. Write the steps for drawing a flow chart.	
Ans:	
vii. How we select the best solution?	
Ans:	
AIIS	
viii. Differentiate between sequential structure and Repetition structure.	
Ans:	

### **CLASS 10 MATRIC**

#### **Extensive Questions**

Q: Describe the steps involved in problem solving.

Q: Write a detail note on different flow chart symbols.

	Week -2		
Q: Encircle the correct op	tion.		
I . What is represented by	a small circle in a flowchart	t?	
A .start/strop	b. Decision	c. processing	d. connector
ii of a problem are all the possible solutions for a problem			
ii. Algorithm	b. Candid	c. Flowchart	d. Planning
iii. Defining the problem is	the stage of prob	olem solving.	
A . first	b. second	c. third	d. fourth
iv. Which symbol is used for input/output in a flowchart.			
A . oval	b. parallelogram	c. Rectangle	d. circle
v. IN which stage, programmer investigates the problem.			
A . Defining	b. planning	c. Analysing	d. algorithm
Q: Write short answers of	the following questions.		
I . What is the role of algo	orithm in problem solving?		
Ans:			

ii. How we meas	sure the efficiency of an algorithm?
Ans:	
iii. What are the	advantages of using flowchart?
Ans:	
	ek, Students will write different algorithms. One algorithm is written le for student.
Q: write plannin	g and algorithm to find the sum and product of three numbers.
Planning: input 3 numbers	
Output required	: sum and product and 3 numbers
Processing: Add	ition and multiplication of numbers
Algorithm:	
Step 1.	Start
	Let the three numbers a=2, b=5, c=10

#### **CLASS 10 MATRIC**

Step 2. Find the Sum

Sum = a + b + c

Step 3. Find the product.

Prod = a \* b \* c

Step 4. Output sum, prod

Step 5. stop

Q: Write planning and algorithm to find the largest of three unequal numbers.

Q: Write the planning and algorithm to print a multiplication table of a given number.

Q: -Write the planning and algorithm to find the area of Rectangle for given breadth and length.

Q; Write the planning and algorithm to find the average of 5 numbers.

Q: Write the planning and algorithm to print odd numbers from 1 to 100.

## ST. MARY'S ACADEMY CLASS 10 MATRIC

